

# Community Problem Solving 101

Recreation Therapy Department



Shepherd Center

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Talk amongst the group to come up with a list of potential accessibility issues in the community.



Some common examples:

- Sidewalk cracks
- Lack of curb cutouts
- Door width
- Door handles
- Bathroom size
- Seating arrangements/options
- Parking
- Steps/stairs
- Lack of elevators

What did you  
come up with?



# Parking and Parking Lots

Parking spaces and loading zones

Mobility and safety in the parking lot

Potential hazards

Someone parks too close to you

Dropping things under your car

Delivery trucks or cars blocking curb cuts



# Sidewalks and Street Crossing

Sidewalks



No sidewalks



Curb cuts

Crosswalks



# Getting into Buildings

Doors widths

Door weight

Type of door

Steps

Accessible entrance

Two doorways to enter



# Tables at Restaurants

Types of tables

Closeness of tables

Location of table

Height of tables

Awareness of all sides of your chair



# Eating at Restaurants

Food choices

Silverware

Glasses

Straws

Consolidate space





# Shopping in Stores

Cart, basket, or lap?

Placement of item

Weight of item

Domino effect

Fragility of item

Automatic dispensers

Refrigerated/freezer section



# Bathrooms

Doors

Stalls

Location of toilet

Paper towel dispensers and air dryers

Soap dispensers

Timing

Privacy

Caregivers



# Assertiveness/Advocacy

Staff asking family or friends vs talking to you

People thinking they know what is best for you

Unwarranted assistance

Blocking aisles/feeling like you are in the way/fire hazard

