



Shepherd Center

Supplies Needed	What to Do
3% hydrogen peroxide	1. Fill each container with ONE of the following: - Hot tap water with one full squirt of dish washing soap - 3% hydrogen peroxide - Sterile water
Liquid dishwashing soap	Wash your hands.
Hot tap water	Slip on clean gloves (this is optional).
Sterile water	Wash the catheter in soapy water and suction some of the soapy water through catheter.
3 clean containers or bowls	Rinse the catheter with hot tap water.
2 clean cloth towels	Suction a small amount of hydrogen peroxide through the catheter, then place the catheter into the hydrogen peroxide and let it soak for 20 minutes.
One clean, DRY container (clean paper envelope, bag or dry storage container)	Remove the catheter from the hydrogen peroxide container and suction sterile water through it.
Suction machine	Wipe the outside of the catheter with a clean towel.
2 clean gloves (optional)	Place the suction catheter on a clean towel to AIR dry. Suctioning air through the catheter for 15 seconds will remove small bubbles of water.
	Store DRIED suction catheter in a CLEAN, DRY paper bag, envelope or a dry storage container.
	Remove gloves and wash your hands.
	Catheters may be re-used for one week unless they become cloudy or develop cracks or secretions that cannot be removed. If this happens, THEY SHOULD NOT BE USED AGAIN.