

Condom Catheter

One way to empty the bladder is by using a condom catheter. This device looks like a typical condom with a tube that is connected to a urinary drainage bag. It is only used for males. This lesson will talk about how to use the condom catheter.

Putting on a Condom: Step-by-Step Process

1. Gather supplies.

- Correct condom type and size
- Soapy and wet washcloths
- Condom strap (if using this product)

2. Wash hands with soap and water.

3. Take off old condom if one is currently on. Roll it off the penis. Do not pull it off, as this could harm the skin.

4. Wash the penis with the soapy washcloth and rinse with the wet cloth. Remember to pull the foreskin (if present) back and clean the head of the penis. Roll the foreskin back down to cover the penis when done.



5. Dry the penis well.

6. Take condom out of package.

- Roll up the condom toward the funnel shaped end.
- Some people use Skin Prep applied to the penis before putting on the condom. The Skin Prep helps keep the condom in place.

7. Place the funnel end of the condom over the head of the penis.

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8. Roll the condom down over the head of the penis all the way to the base of the penis. If this is a self-adhesive type of condom, hold it in place after it is fully rolled down for 10 seconds. If it is not a self-adhesive condom, continue to the next step.

9. Get the condom holder out of the package.

- Wrap the condom holder about one inch above the base of the penis.
- Pull the strap over one finger to make sure the strap is not too tight.



10. Fasten the condom holder. Fasten the elastic strap to the Velcro (if using this product). The condom strap should be changed at least daily when doing ICs or when using the condom without ICs.



11. Connect the condom to a leg bag or bedside bag.

12. Wear the leg bag below the knee.

Also see **Leg Bag Care** for step-by-step cleaning directions.