

Questions To Ask Your Provider About Your Medications



Get comfortable asking your provider questions, they expect it!

Questions you should be able to answer:



- Why am I taking this medication?
- How often and when do I take it – and for how long?
- What do I do if I skip/miss a dose?
- Does this medication have any side effects, and what do I do if they occur?
- Can you confirm that I am not allergic to this medication or its ingredients?
- If the medication is prescribed “as needed,” how do I know when to give it?



- Is there more than one name for this medication (brand name or generic name)?
- How should I store the medication?
- Do I take this medication on an empty stomach or with food? Do I need to drink a full glass of water with it?
- Are there any over-the-counter medications I should avoid while taking this medication?
- Can I chew, break or crush this capsule or tablet?



- What foods, drinks, other medicines or activities should I avoid while taking this drug?
- May I drink alcohol while on this medication?