

General Websites:

<https://www.apa.org/pi/about/publications/caregivers/resources>

this site offers key websites for national organizations for caregiver support, resources for caregivers of diverse background, and listing of advocacy coalitions

<https://lookingglass.org/home>

this site provides research, training, and services for families in which a child, parent or grandparent has a disability or medical issue.

Spinal Cord Injury/Disorder Specific:

<https://facingdisability.com/>

this site offers information about various aspects of SCI, videos featuring people with SCI and professionals treating SCI, and an online community to connect with other caregivers.

<http://www.shieldhealthcare.com/community/spinal-cord-injury/2017/09/08/spinal-cord-injury-helpful-links-and-resources/>

this site covers so many facets of SCI from questions about driving/nutrition/adaptive sports to legal assistance and support groups.

COVID-19 Related Websites for Disability Population:

<http://www.div22.org/covid19-resources>

this site provides an extensive list of online resources for people with disabilities including SCI as well as for caregivers (i.e., attendant use during COVID-19).