The Noble Learning Resource Center is open to patients of Shepherd Center and their families. Located on the first floor of the Shepherd Building, near the tunnel, the library is open Monday - Friday 9:30AM - 4:30PM. The library offers medical reference books, journals and computer access. The phone number for the library is 404.350.7473.

Recommended Books

After Stroke: enhancing quality of life
by Wallace Sife

American Heart Association family guide to stroke treatment, recovery, and prevention
by Louis R. Caplan

by Senelick, Richard C. & Karla Dougherty

My stroke of insight: a brain scientist's personal journey
by Taylor, Jill Bolte, Ph.D.

One Hundred Names for Love: A stroke, a marriage, and the language of healing.
by Diane Ackerman

Recovery after stroke edited by Barnes, Michael P., Bruce H. Dobkin, Julien Bogousslavsky

Striking back at stroke: a doctor-patient journal
by Hutton, Cleo & Louis R. Caplan

Stroke and the family: a new guide
by Stein, Joel, M.D.

Stroke sourcebook: basic consumer health information about stroke, including ischemic, hemorrhagic, transient ischemic attack (TIA)
by Shannon, Joyce Brennfeck

The brain that changes itself: stories of personal triumph from the frontiers of brain science
by Norman Doidge

Web Site Resources

American Stroke Association
www.strokeassociation.org

Brain Injury Peer Visitor
www.braininjurypeervisitor.org

Brain Injury Resource Foundation
www.birf.info

Canadian Best Practice Recommendations for Stroke Care
www.strokebestpractices.ca

Evidence-Based Review of Stroke Rehabilitation
http://ebrsr.com/resources.php

Family Caregiver Alliance
www.caregiver.org

MedlinePlus
http://medlineplus.gov

National Institute of Neurological Disorders and Stroke
www.ninds.nih.gov

National Stroke Association
www.stroke.org

StrokEngine
http://strokengine.ca
Resources for Complementary & Alternative Medicines

- Acupuncture
- Aromatherapy
- Hyperbaric Oxygen
  - Massage
  - Meditation
  - Tai Chi
  - Yoga

*ALWAYS consult your physician before beginning any of these therapies.

Recommended web sites to review:

National Center for Complementary and Alternative Medicine from the National Institute of Health
http://nccam.nih.gov/

Alternative Therapies for Stroke Treatment
http://tinyurl.com/86q29x9

Complementary and Alternative Therapies from the AHA
http://tinyurl.com/7zejxjt

Stroke journal editorial – “Herbal Medicine in Stroke: Does it have a future?”
http://tinyurl.com/6twxtsw

BMC Complementary & Alternative Medicine research article – “The use of alternative therapies in the Saskatchewan stroke rehabilitation population”
http://tinyurl.com/7g3gjhe

Evidence Based Complementary and Alternative Medicine article – “Patterns of using complementary and alternative medicine by stroke patients at two university hospitals in Korea”
http://tinyurl.com/7lyok6d

National Institute of Health Senior Health video list of complementary and alternative medicine
http://tinyurl.com/7dqq6vf

National Stroke Association Stroke Smart Magazine article – “Hyperbaric Oxygen Therapy Debate”
http://tinyurl.com/5dfzfwn

If interested in participating in Stroke Research visit www.ClinicalTrials.gov
(Search by state and age group in the advance search settings)